

ALLENTOWN SCHOOL DISTRICT

Dec 1, 2016 thru Dec 22, 2016

Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

Page 1

Generated on: 11/9/2016 10:11:41 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|--------------|----------------|---------------|--------------|-------------------------|
| Thu - 12/01/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| SCOOBY DOO SNACKS | 1 OZ. | 1 | 120 | 0 | 115 | 1.00 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | 2.0 | 20.0 | 4.0 | 0.50 | *N/A* |
| GRAPE JUICE, TOTALLY JUIC E 6.7 | 1 EACH | 1 | 130 | 0 | 20 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 31 | 0.0 | 33.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 250 | 0 | 135 | 1.00 | *0.00 | *100.0 | *0 | *60.00 | *31 *49.6% | 2.00 3.2% | 53.00 84.8% | 4.00 14.4% | 0.50 1.8% | *0.00 *0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|---|-----|---|-----|------|------|-------|-----|-------|---------------|--------------|----------------|---------------|--------------|--------------|
| Fri - 12/02/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| RICE KRISPIE TREAT, WG | 1 EACH | 1 | 160 | 0 | 140 | 1.00 | 1.80 | 0.0 | 300 | 0.0 | *N/A* | 2.0 | 30.0 | 4.0 | 1.00 | 0.00 |
| FRUIT PUNCH JUICE, TOTALL Y 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 260 | 0 | 150 | 1.00 | 1.80 | 100.0 | 300 | 60.00 | *23 *35.4% | 2.00 3.1% | 55.00 84.6% | 4.00 13.8% | 1.00 3.5% | 0.00 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|---|-----|----|-----|------|------|-------|-----|-------|---------------|--------------|----------------|----------------|--------------|----------------|
| Mon - 12/05/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| MINI LOAF | 1 EACH | 1 | 190 | 30 | 160 | 1.00 | 0.72 | 20.0 | 100 | 1.2 | *N/A* | 2.0 | 25.0 | 10.0 | 1.50 | *N/A* |
| FRUIT PUNCH JUICE, TOTALL Y 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 290 | 30 | 170 | 1.00 | 0.72 | 120.0 | 100 | 61.20 | *23 *31.7% | 2.00 2.8% | 50.00 69.0% | 10.00 31.0% | 1.50 4.7% | *0.00 *0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|--------------------------------|--------|---|-----|---|-----|------|------|-------|-----|------|-------|-----|------|-----|------|------|
| Tue - 12/06/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| WG CHEEZ-IT CRACKERS | .75 OZ | 1 | 100 | 5 | 150 | 1.00 | 0.72 | 100.0 | 500 | 0.0 | *N/A* | 2.0 | 14.0 | 3.5 | 1.00 | 0.00 |
| APPLE JUICE, TOTALLY JUICE 6.7 | 1 EACH | 1 | 90 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 21 | 0.0 | 23.0 | 0.0 | 0.00 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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ALLENTOWN SCHOOL DISTRICT

Dec 1, 2016 thru Dec 22, 2016

Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

Page 2

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average | | | 190 | 5 | 160 | 1.00 | 0.72 | 200.0 | 500 | 60.00 | *21 | 2.00 | 37.00 | 3.50 | 1.00 | 0.00 |
| % of Calories | | | | | | | | | | | *44.2% | 4.2% | 77.9% | 16.6% | 4.7% | 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | <10.00 | |

| Wed - 12/07/2016 | | | | | | | | | | | | | | | | |
|---------------------------------|------------|---|-----|---|----|------|------|-------|---|-------|--------|------|-------|-------|--------|------|
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| CEREAL APPLE BAR | 1.2 OZ. BA | 1 | 140 | 0 | 85 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | *N/A* | 2.0 | 24.0 | 4.0 | 1.50 | 0.00 |
| FRUIT PUNCH JUICE, TOTALL Y 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 240 | 0 | 95 | 1.00 | 0.72 | 100.0 | 0 | 60.00 | *23 | 2.00 | 49.00 | 4.00 | 1.50 | 0.00 |
| % of Calories | | | | | | | | | | | *38.3% | 3.3% | 81.7% | 15.0% | 5.6% | 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | <10.00 | |

| Thu - 12/08/2016 | | | | | | | | | | | | | | | | |
|--------------------------------|--------|---|-----|---|-----|------|------|-------|---|-------|--------|------|-------|-------|--------|------|
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| KID'S SNACK MIX | 1 EACH | 1 | 110 | 0 | 160 | 2.00 | 2.70 | 0.0 | 0 | 0.0 | *N/A* | 3.0 | 17.0 | 3.5 | 0.00 | 0.00 |
| GRAPE JUICE, TOTALLY JUICE 6.7 | 1 EACH | 1 | 130 | 0 | 20 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 31 | 0.0 | 33.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 240 | 0 | 180 | 2.00 | 2.70 | 100.0 | 0 | 60.00 | *31 | 3.00 | 50.00 | 3.50 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | *51.7% | 5.0% | 83.3% | 13.1% | 0.0% | 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | <10.00 | |

| Fri - 12/09/2016 | | | | | | | | | | | | | | | | |
|---------------------------------|--------|---|-----|---|-----|------|------|-------|---|-------|--------|-------|-------|-------|--------|------|
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| STRAWBERRY COOKIE (FIELD STONE) | 1 EACH | 1 | 160 | 5 | 125 | 1.00 | 0.00 | 0.0 | 0 | 0.0 | *N/A* | 13.0 | 27.0 | 5.0 | 1.50 | 0.00 |
| FRUIT PUNCH JUICE, TOTALL Y 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 260 | 5 | 135 | 1.00 | 0.00 | 100.0 | 0 | 60.00 | *23 | 13.00 | 52.00 | 5.00 | 1.50 | 0.00 |
| % of Calories | | | | | | | | | | | *35.4% | 20.0% | 80.0% | 17.3% | 5.2% | 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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ALLENTOWN SCHOOL DISTRICT

Dec 1, 2016 thru Dec 22, 2016

Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|--------------|----------------|---------------|--------------|-------------------------|
| Mon - 12/12/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| WHOLE GRAIN GOLD FISH | 1 EACH | 1 | 100 | 5 | 170 | 1.00 | 0.36 | 20.0 | 0 | 0.0 | *N/A* | 3.0 | 14.0 | 3.5 | 1.00 | 0.00 |
| FRUIT PUNCH JUICE, TOTALL Y 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 200 | 5 | 180 | 1.00 | 0.36 | 120.0 | 0 | 60.00 | *23 *46.0% | 3.00 6.0% | 39.00 78.0% | 3.50 15.7% | 1.00 4.5% | 0.00 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

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|--------------------------------------|--------|---|-----|---|-----|------|------|-------|---|-------|---------------|--------------|----------------|---------------|--------------|--------------|
| Tue - 12/13/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| BUG BITES | 1 EACH | 1 | 120 | 0 | 115 | 3.00 | 0.72 | 100.0 | 0 | 0.0 | *N/A* | 2.0 | 20.0 | 4.0 | 0.00 | 0.00 |
| APPLE JUICE, TOTALLY JUICE 6.7 | 1 EACH | 1 | 90 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 21 | 0.0 | 23.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 210 | 0 | 125 | 3.00 | 0.72 | 200.0 | 0 | 60.00 | *21 *40.0% | 2.00 3.8% | 43.00 81.9% | 4.00 17.1% | 0.00 0.0% | 0.00 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|---------------|---|-----|---|-----|------|------|-------|---|-------|---------------|--------------|----------------|---------------|--------------|--------------|
| Wed - 12/14/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| GOLDFISH GRAHAMS | .9 OZ PACKAGE | 1 | 120 | 0 | 110 | 0.50 | 0.72 | 100.0 | 0 | 0.0 | *N/A* | 1.0 | 19.0 | 4.0 | 1.00 | 0.00 |
| FRUIT PUNCH JUICE, TOTALL Y 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 220 | 0 | 120 | 0.50 | 0.72 | 200.0 | 0 | 60.00 | *23 *41.8% | 1.00 1.8% | 44.00 80.0% | 4.00 16.4% | 1.00 4.1% | 0.00 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|--------------------------------|----------|---|-----|---|-----|------|-------|-------|---|------|-------|------|-------|------|------|-------|
| Thu - 12/15/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| ABC COOKIES | 31 GRAMS | 1 | 146 | 0 | 153 | 0.00 | 18.90 | 0.0 | 0 | 0.0 | *N/A* | 1.46 | 23.33 | 4.37 | 0.73 | *N/A* |
| GRAPE JUICE, TOTALLY JUICE 6.7 | 1 EACH | 1 | 130 | 0 | 20 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 31 | 0.0 | 33.0 | 0.0 | 0.00 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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ALLENTOWN SCHOOL DISTRICT

Dec 1, 2016 thru Dec 22, 2016

Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|--------------|----------------|---------------|--------------|-------------------------|
| Weighted Daily Average % of Calories | | | 276 | 0 | 173 | 0.00 | 18.90 | 100.0 | 0 | 60.00 | *31 *45.0% | 1.46 2.1% | 56.33 81.7% | 4.37 14.3% | 0.73 2.4% | *0.00 *0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| Fri - 12/16/2016 | | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|---|-----|---|-----|------|------|-------|-----|-------|---------------|--------------|----------------|---------------|--------------|--------------|--|
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | | |
| NUTRI GRAIN BAR - APPLE CINN O | 1 EACH | 1 | 160 | 0 | 130 | 3.00 | 1.80 | 200.0 | 750 | 0.0 | *N/A* | 2.0 | 30.0 | 4.0 | 0.50 | 0.00 | |
| FRUIT PUNCH JUICE, TOTALLY 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 | |
| Weighted Daily Average % of Calories | | | 260 | 0 | 140 | 3.00 | 1.80 | 300.0 | 750 | 60.00 | *23 *35.4% | 2.00 3.1% | 55.00 84.6% | 4.00 13.8% | 0.50 1.7% | 0.00 0.0% | |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 | |

| Mon - 12/19/2016 | | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|---|-----|---|-----|------|------|-------|---|-------|---------------|--------------|----------------|---------------|--------------|--------------|--|
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | | |
| SIMPLY CHEX MIX | 1 EACH | 1 | 140 | 0 | 290 | 2.00 | 0.36 | 0.0 | 0 | 0.0 | *N/A* | 3.0 | 26.0 | 4.0 | 1.00 | 0.00 | |
| FRUIT PUNCH JUICE, TOTALLY 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 | |
| Weighted Daily Average % of Calories | | | 240 | 0 | 300 | 2.00 | 0.36 | 100.0 | 0 | 60.00 | *23 *38.3% | 3.00 5.0% | 51.00 85.0% | 4.00 15.0% | 1.00 3.7% | 0.00 0.0% | |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 | |

| Tue - 12/20/2016 | | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|---|-----|---|-----|------|------|-------|---|-------|---------------|--------------|----------------|---------------|--------------|--------------|--|
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | | |
| CINNAMON TEDDY GRAHAMS | 10Z. | 1 | 120 | 0 | 90 | 1.00 | 1.80 | 100.0 | 0 | 0.0 | *N/A* | 2.0 | 21.0 | 4.0 | 0.05 | 0.00 | |
| APPLE JUICE, TOTALLY 6.7 | 1 EACH | 1 | 90 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 21 | 0.0 | 23.0 | 0.0 | 0.00 | 0.00 | |
| Weighted Daily Average % of Calories | | | 210 | 0 | 100 | 1.00 | 1.80 | 200.0 | 0 | 60.00 | *21 *40.0% | 2.00 3.8% | 44.00 83.8% | 4.00 17.1% | 0.05 0.2% | 0.00 0.0% | |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 | |

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AFTER SCHOOL SNACK MENU

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|--------------|----------------|---------------|--------------|-------------------------|
| Wed - 12/21/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| GOLDFISH GRAHAMS | .9 OZ PACKAGE | 1 | 120 | 0 | 110 | 0.50 | 0.72 | 100.0 | 0 | 0.0 | *N/A* | 1.0 | 19.0 | 4.0 | 1.00 | 0.00 |
| FRUIT PUNCH JUICE, TOTALLY 6.7 | 1 EACH | 1 | 100 | 0 | 10 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 23 | 0.0 | 25.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 220 | 0 | 120 | 0.50 | 0.72 | 200.0 | 0 | 60.00 | *23 *41.8% | 1.00 1.8% | 44.00 80.0% | 4.00 16.4% | 1.00 4.1% | 0.00 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|---|-----|---|-----|------|------|-------|---|-------|---------------|--------------|----------------|--------------|--------------|--------------|
| Thu - 12/22/2016 | | | | | | | | | | | | | | | | |
| AFTER SCHOOL SNACK M | Total | 1 | | | | | | | | | | | | | | |
| GOLDFISH PRETZELS | 1 EACH | 1 | 90 | 0 | 300 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | *N/A* | 2.0 | 17.0 | 1.5 | 0.00 | 0.00 |
| GRAPE JUICE, TOTALLY JUICE 6.7 | 1 EACH | 1 | 130 | 0 | 20 | 0.00 | 0.00 | 100.0 | 0 | 60.0 | 31 | 0.0 | 33.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 220 | 0 | 320 | 1.00 | 0.72 | 100.0 | 0 | 60.00 | *31 *56.4% | 2.00 3.6% | 50.00 90.9% | 1.50 6.1% | 0.00 0.0% | 0.00 0.0% |
| Nutrient Guideline | | | 0 | | | | | | | | | | | | | <10.00 |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|---|-----|------|-------|--------|------|--------|---------------|--------------|----------------|---------------|--------------|----------------|
| Weighted Average | | | 237 | 3 | 163 | 1.25 | *2.05 | *146.3 | *103 | *60.08 | *25 *93.7% | 2.72 4.6% | 48.27 81.6% | 4.21 16.0% | 0.77 2.9% | *0.00 *0.0% |
|------------------|--|--|-----|---|-----|------|-------|--------|------|--------|---------------|--------------|----------------|---------------|--------------|----------------|

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-------------------------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | | |
| Calories | 237 | | 0 | | | | | | | | | | | | | | |
| Cholesterol (mg) | 3 | | | | | | | | | | | | | | | | |
| Sodium (mg) | 163 | | | | | | | | 163 | | | | | | | | |
| Fiber (g) | 1.25 | | | | | | | | | | | | | | | | |
| Iron (mg) | 2.05 | | | | | Missing | | | | | | | | | | | |
| Calcium (mg) | 146.3 | | | | | Missing | | | | | | | | | | | |
| Vitamin A (IU) | 103 | | | | | Missing | | | | | | | | | | | |
| Sugars (g) | 25 | 41.63% | | | | Missing | | | | | | | | | | | |
| Vitamin C (mg) | 60.08 | | | | | Missing | | | | | | | | | | | |
| Protein (g) | 2.72 | 4.59% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 48.27 | 81.60% | | | | | | | | | | | | | | | |
| Total Fat (g) | 4.21 | 16.02% | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 0.77 | 2.92% | <10.00% | | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | | Missing | | | | | | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.