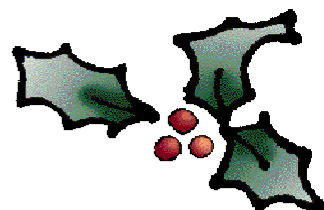


# ASD Child Nutrition Services



# December 2016



## High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit or Veggie Choose one for a complete meal.			1 WG CHEESE STUFFED PRETZEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	2 WG DONUT RING OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
5 MINI MAPLE PANCAKES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	6 WG CREAM CHEESE STUFFED MINI BAGELS OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	7 EGG & TURKEY BACON BREAKFAST TOAST OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	8 WG CINNAMON BUN MINIS OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	9 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
12 MINI CINNAMON WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	13 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	14 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	15 MAPLE FLAVORED SNACK N WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	16 WG CINNAMON ROLL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
19 MINI WG FRENCH TOAST W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	20 WG BLUEBERRY CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	21 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	22 PILLSBURY APPLE FRUDEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	23 NO SCHOOL TODAY



**Winter Break!**

**WINTER BREAK  
DECEMBER 23 - JANUARY 2**