




**ASD Child Nutrition Services 2017**  
**#CommittedTo Excellence**



# December

## Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
One student breakfast is provided to all students at no cost.	A complete breakfast must include a serving of fruit or juice			1 WG DONUT RING OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
4 MINI WG FRENCH TOAST W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	5 WG BLUEBERRY CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	6 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	7 PILLSBURY APPLE FRUDEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	8 WG CINNAMON ROLL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
11 MINI MAPLE PANCAKES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	12 WG BANANA BREAD OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	13 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	14 EGGA AND CHEESE PITA OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	15 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
18 MINI MAPLE WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	19 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	20 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	21 PILLSBURY APPLE FRUDEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	22 NO SCHOOL TODAY
25  NO SCHOOL TODAY	26 NO SCHOOL TODAY	27 NO SCHOOL TODAY	28 NO SCHOOL TODAY	29 NO SCHOOL TODAY



**Winter Break!**

**WINTER BREAK**  
**DECEMBER 22 - JANUARY 1**