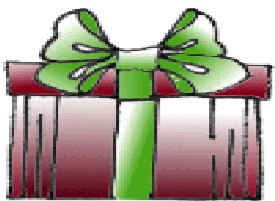
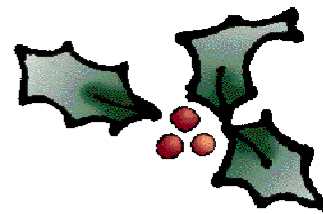


ASD Child Nutrition Services

December 2016



Middle School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Fruit or Veggie
Choose one for a
complete meal.

⁵ WG TURKEY PRETZEL
DOG
BIG DADDY'S CHEESE
PIZZA
CHEESEBURGER ON WW
BUN
VEGETARIAN BEANS
BABY CARROTS
FRESH FRUIT OF THE DAY
APPLE SAUCE
VARIETY MILK

⁶ CHICKEN NUGGETS
W/ WG DINNER ROLL
NARDONES PEPPERONI
PIZZA
YOGURT W/ STRING
CHEESE & GRANOLA
BROCCOLI w/CHEESE
SAUCE
SEASONED GREEN BEANS
FRESH FRUIT OF THE DAY
100% FRUIT PUNCH
VARIETY MILK

⁷ CHEESEBURGER ON WW
BUN
BIG DADDY'S CHEESE
PIZZA
GRILLED CHICKEN
CAESAR SALAD
SWEET POTATO FRIES
FRUITABLES VEGETABLE
JUICE BLEND
FRESH FRUIT OF THE DAY
MIXED FRUIT
VARIETY MILK

¹ MEATBALL PARM SUB
NARDONES PEPPERONI
PIZZA
CHICKEN STRIP SALAD
YOGURT W/ STRING
CHEESE & GRANOLA
FRENCH FRIES
BABY CARROT
FRESH FRUIT OF THE DAY
CHILLED PEARS
VARIETY MILK

² CHEEZY TWISTED BREAD
STICKS W/ DIPPING SAUCE
NARDONES WW CHEESE
PIZZA
CHEESEBURGER ON WW
BUN
TOSSED KALE SALAD
SEASONED GREEN BEANS
FRESH FRUIT OF THE DAY
100% GRAPE JUICE
VARIETY MILK

⁸ BBQ RIB ON CLUB ROLL
NARDONES PEPPERONI
PIZZA
POPCORN CHICKEN SALAD
YOGURT W/ STRING
CHEESE & GRANOLA
SEASONED CORN
BABY CARROTS
FRESH FRUIT OF THE DAY
100% APPLE JUICE
VARIETY MILK

⁹ POPCORN CHICKEN W/
WW DINNER ROLL
BIG DADDY'S CHEESE
PIZZA
ASD HOAGIE
CHOPPED ROMAINE WITH
DICED FRESH TOMATOES
FRESH FRUIT OF THE DAY
CHILLED PEACHES
VARIETY MILK

¹² WHOLE GRAIN PANCAKES
W/ SYRUP
TURKEY SAUSAGE
BIG DADDY'S CHEESE
PIZZA
CHEESEBURGER
BAKED SWEET POTATOES
W/ SLICED APPLES
BABY CARROTS
FRESH FRUIT OF THE DAY
100% FRUIT PUNCH
VARIETY MILK

¹³ CHICKEN PATTY ON WW
BUN
NARDONES PEPPERONI
PIZZA
GARDEN PEAS
FRUITABLES VEGETABLE
JUICE BLEND
FRESH FRUIT OF THE DAY
PINEAPPLE CHUNKS
VARIETY MILK

¹⁴ BEEF & CHEESE NACHOS
W/ SALSA
BIG DADDY'S CHEESE
PIZZA
CHEF SALAD
CHEEZY REFRIED BEANS
BABY CARROTS
FRESH FRUIT OF THE DAY
100% ORANGE TANG JUICE
VARIETY MILK

¹⁵ MANDARIN ORANGE
CHICKEN
W/ WW DINNER ROLL
STEAMED RICE
PEPPERONI PIZZA
YOGURT W/ STRING
CHEESE & GRANOLA
CALIF. VEGGIES
FRUITABLES JUICE BLEND
FRESH FRUIT OF THE DAY
CHILLED PEARS
VARIETY MILK

¹⁶ CHICKEN STRIPS W/ WW
DINNER ROLL
BIG DADDY'S CHEESE
PIZZA
TURKEY HAM & CH. SUB
TOSSED KALE SALAD
BABY CARROTS
FRESH FRUIT OF THE DAY
100% GRAPE JUICE
VARIETY MILK

¹⁹ MACARONI AND CHEESE
WITH DINNER ROLL
BIG DADDY'S CHEESE
PIZZA
CHEESEBURGER ON WW
BUN
STEWED TOMATOES
STEAMED BROCCOLI
FRESH FRUIT OF THE DAY
APPLE SAUCE
VARIETY MILK

²⁰ CHICKEN STRIPS
WG DINNER ROLL
NARDONES PEPPERONI
PIZZA
YOGURT W/ STRING
CHEESE & GRANOLA
BABY CARROTS
SEASONED CORN
FRESH FRUIT OF THE DAY
100% FRUIT PUNCH
VARIETY MILK

²¹ MANWICH ON WW BUN
BIG DADDY'S CHEESE
PIZZA
CHEESEBURGER ON WW
BUN
BLACK BEAN & CORN
FIESTA
FRUITABLES VEGETABLE
JUICE BLEND
FRESH FRUIT OF THE DAY
MIXED FRUIT
VARIETY MILK

²² SALISBURY STEAK
WG BLUEBERRY CRUMB
CAKE
NARDONES PEPPERONI
PIZZA
COOK'S CHOICE
MASHED POTATOES
SEASONED GREEN BEANS
STRAWBERRY CUP
100% APPLE JUICE
VARIETY MILK

²³ NO SCHOOL TODAY



Winter Break!

**WINTER BREAK
DECEMBER 23 - JANUARY 2**