

# ALLENTOWN SCHOOL DISTRICT

Jun 1, 2017 thru Jun 16, 2017

## Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/01/2017																
AFTER SCHOOL SNACK M	Total	1														
SCOOBY DOO SNACKS	1 OZ.	1	120	0	115	1.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	2.0	20.0	4.0	0.50	*N/A*
GRAPE JUICE, TOTALLY JUIC E 6.7	1 EACH	1	130	0	20	0.00	0.00	100.0	0	60.0	31	0.0	33.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			250	0	135	1.00	*0.00	*100.0	*0	*60.00	*31 *49.6%	2.00 3.2%	53.00 84.8%	4.00 14.4%	0.50 1.8%	*0.00 *0.0%
Nutrient Guideline			0													<10.00

Fri - 06/02/2017																
AFTER SCHOOL SNACK M	Total	1														
RICE KRISPIE TREAT, WG	1 EACH	1	160	0	140	1.00	1.80	0.0	300	0.0	*N/A*	2.0	30.0	4.0	1.00	0.00
FRUIT PUNCH JUICE, TOTALL Y 6.7	1 EACH	1	100	0	10	0.00	0.00	100.0	0	60.0	23	0.0	25.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			260	0	150	1.00	1.80	100.0	300	60.00	*23 *35.4%	2.00 3.1%	55.00 84.6%	4.00 13.8%	1.00 3.5%	0.00 0.0%
Nutrient Guideline			0													<10.00

Mon - 06/05/2017																
AFTER SCHOOL SNACK M	Total	1														
WINTER WONDERLAND GRAH AMS	1 OZ	1	130	0	115	0.00	1.08	100.0	0	0.0	*N/A*	2.0	20.0	4.0	0.00	0.00
FRUIT PUNCH JUICE, TOTALL Y 6.7	1 EACH	1	100	0	10	0.00	0.00	100.0	0	60.0	23	0.0	25.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			230	0	125	0.00	1.08	200.0	0	60.00	*23 *40.0%	2.00 3.5%	45.00 78.3%	4.00 15.7%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			0													<10.00

Tue - 06/06/2017																
AFTER SCHOOL SNACK M	Total	1														
RICE KRISPIE TREAT, WG	1 EACH	1	160	0	140	1.00	1.80	0.0	300	0.0	*N/A*	2.0	30.0	4.0	1.00	0.00
APPLE JUICE, TOTALLY JUICE 6.7	1 EACH	1	90	0	10	0.00	0.00	100.0	0	60.0	21	0.0	23.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# ALLENTOWN SCHOOL DISTRICT

Jun 1, 2017 thru Jun 16, 2017

Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			250	0	150	1.00	1.80	100.0	300	60.00	*21	2.00	53.00	4.00	1.00	0.00
% of Calories											*33.6%	3.2%	84.8%	14.4%	3.6%	0.0%
Nutrient Guideline			0													<10.00

Wed - 06/07/2017																
AFTER SCHOOL SNACK M	Total	1														
ABC COOKIES	31 GRAMS	1	146	0	153	0.00	18.90	0.0	0	0.0	*N/A*	1.46	23.33	4.37	0.73	*N/A*
FRUIT PUNCH JUICE, TOTAL	1 EACH	1	100	0	10	0.00	0.00	100.0	0	60.0	23	0.0	25.0	0.0	0.00	0.00
Y 6.7																
Weighted Daily Average			246	0	163	0.00	18.90	100.0	0	60.00	*23	1.46	48.33	4.37	0.73	*0.00
% of Calories											*37.4%	2.4%	78.6%	16.0%	2.7%	*0.0%
Nutrient Guideline			0													<10.00

Thu - 06/08/2017																
AFTER SCHOOL SNACK M	Total	1														
BUG BITES	1 EACH	1	120	0	115	3.00	0.72	100.0	0	0.0	*N/A*	2.0	20.0	4.0	0.00	0.00
GRAPE JUICE, TOTALLY JUIC	1 EACH	1	130	0	20	0.00	0.00	100.0	0	60.0	31	0.0	33.0	0.0	0.00	0.00
E 6.7																
Weighted Daily Average			250	0	135	3.00	0.72	200.0	0	60.00	*31	2.00	53.00	4.00	0.00	0.00
% of Calories											*49.6%	3.2%	84.8%	14.4%	0.0%	0.0%
Nutrient Guideline			0													<10.00

Fri - 06/09/2017																
AFTER SCHOOL SNACK M	Total	1														
ELFIN GRAHAMS	1 EACH	1	150	0	105	1.00	0.72	100.0	500	0.0	*N/A*	2.0	21.0	4.0	1.00	0.00
FRUIT PUNCH JUICE, TOTAL	1 EACH	1	100	0	10	0.00	0.00	100.0	0	60.0	23	0.0	25.0	0.0	0.00	0.00
Y 6.7																
Weighted Daily Average			250	0	115	1.00	0.72	200.0	500	60.00	*23	2.00	46.00	4.00	1.00	0.00
% of Calories											*36.8%	3.2%	73.6%	14.4%	3.6%	0.0%
Nutrient Guideline			0													<10.00

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Jun 1, 2017 thru Jun 16, 2017

Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 06/12/2017																
AFTER SCHOOL SNACK M	Total	1														
ANIMAL CRACKERS	1 EACH	1	130	0	110	2.00	1.08	100.0	0	0.0	*N/A*	2.0	21.0	4.0	1.00	0.00
FRUIT PUNCH JUICE, TOTALLY 6.7	1 EACH	1	100	0	10	0.00	0.00	100.0	0	60.0	23	0.0	25.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			230	0	120	2.00	1.08	200.0	0	60.00	*23 *40.0%	2.00 3.5%	46.00 80.0%	4.00 15.7%	1.00 3.9%	0.00 0.0%
Nutrient Guideline			0													<10.00

Tue - 06/13/2017																
AFTER SCHOOL SNACK M	Total	1														
CINNAMON TEDDY GRAHAMS	10Z.	1	120	0	90	1.00	1.80	100.0	0	0.0	*N/A*	2.0	21.0	4.0	0.05	0.00
APPLE JUICE, TOTALLY 6.7	1 EACH	1	90	0	10	0.00	0.00	100.0	0	60.0	21	0.0	23.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			210	0	100	1.00	1.80	200.0	0	60.00	*21 *40.0%	2.00 3.8%	44.00 83.8%	4.00 17.1%	0.05 0.2%	0.00 0.0%
Nutrient Guideline			0													<10.00

Wed - 06/14/2017																
AFTER SCHOOL SNACK M	Total	1														
NO SNACK	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0													<10.00

Thu - 06/15/2017																
AFTER SCHOOL SNACK M	Total	1														
NO SNACK	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0													<10.00

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Base Menu Spreadsheet

AFTER SCHOOL SNACK MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 06/16/2017																
AFTER SCHOOL SNACK M NO SCHOOL TODAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0													<10.00

Weighted Average			242	0	133	1.11	*3.10	*155.6	*122	*60.00	*24 *90.6%	1.94 3.2%	49.26 81.5%	4.04 15.0%	0.59 2.2%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	242		0					
Cholesterol (mg)	0							
Sodium (mg)	133					133		
Fiber (g)	1.11							
Iron (mg)	3.10				Missing			
Calcium (mg)	155.6				Missing			
Vitamin A (IU)	122				Missing			
Sugars (g)	24	40.26%			Missing			
Vitamin C (mg)	60.00				Missing			
Protein (g)	1.94	3.21%						
Carbohydrate (g)	49.26	81.50%						
Total Fat (g)	4.04	15.05%						
Saturated Fat (g)	0.59	2.18%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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