



**ASD
Child Nutrition
Services
2017**

March

Middle School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**A COMPLETE
BREAKFAST
MUST
INCLUDE A
SERVING OF
FRUIT OR
JUICE**

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.

¹ WG BREAKFAST SCRAMBLE SQUARE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

² PILLSBURY APPLE FRUDEL
OR
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

³ WG CINNAMON ROLL
OR
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

⁶ MINI CINNAMON WAFFLES W/ SYRUP
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

⁷ WG CHOCOLATE CHIP BENEFIT BAR
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

⁸ BREAKFAST PIZZA W/ TURKEY SAUSAGE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

⁹ WG BLUEBERRY CRUMB CAKE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

INSERVICE
NO SCHOOL TODAY

¹³ MINI WG FRENCH TOAST W/ SYRUP
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

¹⁴ PILLSBURY WG STUFFED MINI BAGELS
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

¹⁵ WG BREAKFAST SCRAMBLE SQUARE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

¹⁶ WG CINNAMON BUN MINIS
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

¹⁷ WG BAGEL W/ CREAM CHEESE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²⁰ MINI MAPLE PANCAKES W/ SYRUP
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²¹ WG CINNAMON CRUMB CAKE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²² BREAKFAST PIZZA W/ TURKEY SAUSAGE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²³ WG DONUT RING
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²⁴ WG CINNAMON ROLL
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²⁷ EGGA ND CHEESE PITA
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²⁸ WG CHOCOLATE CHIP BENEFIT BAR
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

²⁹ WG BREAKFAST SCRAMBLE SQUARE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

³⁰ WG BLUEBERRY CRUMB CAKE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK

³¹ WG BAGEL W/ CREAM CHEESE
or
LARGE BOWL ASSORTED CEREAL
FRESH FRUIT OF THE DAY
100% FRUIT JUICE
VARIETY NON FLAVORED MILK