



**Middle School Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
1 MINI CINNAMON WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	2 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	3 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	4 WG BLUEBERRY CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	5 WG CINNAMON ROLL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
8 MINI WG FRENCH TOAST W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	9 WG BANANA BREAD OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	10 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	11 WG CINNAMON CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	12 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
15 MINI MAPLE PANCAKES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	16 WG CHEESE STUFFED PRETZEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	17 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	18 WG BLUEBERRY CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	19 WG CINNAMON ROLL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
22 EGG AND CHEESE PITA OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	23 WG DONUT RING OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	24 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	25 WG CINNAMON BUN MINIS OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	26 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
29  NO SCHOOL TODAY	30 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	31 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.	<b>A COMPLETE BREAKFAST MUST INCLUDE A SERVING OF FRUIT OR JUICE</b>