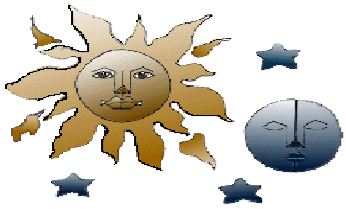
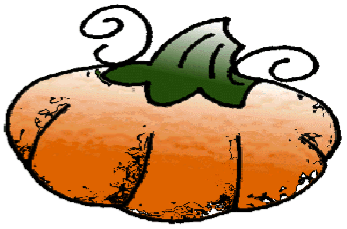


ASD Child Nutrition Services 2017

October



High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 MINI CINNAMON WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	3 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	4 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	5 EGGA AND CHEESE PITA OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	6 WG CINNAMON ROLL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
9 NO SCHOOL TODAY	10 WG BANANA BREAD OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	11 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	12 PILLSBURY APPLE FRUDEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	13 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
16 MINI WG FRENCH TOAST W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	17 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	18 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	19 EGGA AND CHEESE PITA OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	20 WG CINNAMON BUN MINIS OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
23 MINI MAPLE PANCAKES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	24 WG BLUEBERRY CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	25 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	26 WG DONUT RING OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	27 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK
30 MINI CINNAMON WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK	31 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY NON FLAVORED MILK			

One student breakfast is provided to all students at no cost.

A complete breakfast must include a serving of fruit or juice