

SEPTEMBER

Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4 NO SCHOOL TODAY	5 CHICKEN NUGGETS OR TURKEY STICK W/ STRING CHEESE WHOLE GRAIN GOLD FISH SEASONED GREEN BEANS SEASONED CARROTS APPLESAUCE OR 100% FRUIT PUNCH VARIETY MILK	6 CHEESEBURGER ON WW BUN OR TURKEY AND CHEESE ON WW BUN VEGETARIAN BEANS SUNCUP VEGETABLE JUICE BLEND MIXED FRUIT VARIETY MILK	7 BBQ RIB ON CLUB ROLL OR TURKEY AND CHEESE ON WW BUN SEASONED CORN BABY CARROTS W/ RANCH DRESSING FRESH FRUIT OF THE DAY OR 100% APPLE JUICE VARIETY MILK	8 SCHWAN'S PIZZA ROUND OR TURKEY AND CHEESE ON WW BUN CHOPPED ROMAINE SALAD SUNCUP VEGETABLE JUICE BLEND CHILLED PEACHES VARIETY MILK
11 MACARONI AND CHEESE W/ DINNER ROLL OR YOGURT W/ STRING CHEESE & GOLDFISH GRAHAMS STEWED TOMATOES BABY CARROTS W/ RANCH DRESSING FRESH FRUIT OF THE DAY OR 100% FRUIT PUNCH VARIETY MILK	12 CHICKEN PATTY SANDWICH OR TURKEY HAM & CHEESE ON WW BUN CALIFORNIA MIXED VEGETABLES SUNCUP VEGETABLE JUICE BLEND PINEAPPLE CHUNKS VARIETY MILK	13 BEEF & CHEESE NACHOS W/ SALSA OR TURKEY HAM & CHEESE ON WW BUN CHEEZY REFRIED BEANS BABY CARROTS W/ RANCH DRESSING FRESH FRUIT OF THE DAY OR 100% ORANGE TANG JUICE VARIETY MILK	14 CHEESE STEAK SANDWICH OR TURKEY HAM & CHEESE ON WW BUN POTATO WEDGES SUNCUP VEGETABLE JUICE BLEND CHILLED PEARS VARIETY MILK	15 WG FRENCH BREAD PIZZA OR TURKEY HAM & CHEESE ON WW BUN CHOPPED ROMAINE SALAD FRESH FRUIT OF THE DAY OR 100% GRAPE JUICE VARIETY MILK
18 PANCAKES & SAUSAGE W/ SYRUP OR YOGURT W/ STRING CHEESE & GOLDFISH GRAHAMS BABY CARROTS W/ RANCH DRESSING SUNCUP VEGETABLE JUICE BLEND APPLESAUCE VARIETY MILK	19 CHICKEN STRIPS WG DINNER ROLL OR TURKEY AND CHEESE ON WW BUN BROCCOLI w/CHEESE SAUCE BABY CARROTS W/ RANCH DRESSING FRESH FRUIT OF THE DAY OR 100% FRUIT PUNCH VARIETY MILK	20 MANWICH ON WW BUN OR TURKEY AND CHEESE ON WW BUN SWEET POTATO GEMS SUNCUP VEGETABLE JUICE BLEND OR MIXED FRUIT VARIETY MILK	21 MINI CORN DOG NUGGETS OR TURKEY AND CHEESE ON WW BUN VEGETARIAN BEANS BABY CARROTS W/ RANCH DRESSING FRESH FRUIT OF THE DAY OR 100% APPLE JUICE VARIETY MILK	22 DOUBLE STUFFED PIZZA OR TURKEY AND CHEESE ON WW BUN GARDEN PEAS BABY CARROTS W/ RANCH DRESSING CHILLED PEACHES VARIETY MILK
25 CHEESE CALZONE OR YOGURT W/ STRING CHEESE & GOLDFISH GRAHAMS TOSSED KALE SALAD FRESH FRUIT OF THE DAY OR 100% FRUIT PUNCH VARIETY MILK	26 TANGERINE CHICKEN WITH WW DINNER ROLL & STEAMED RICE OR TURKEY HAM & CHEESE ON WW BUN CALIFORNIA MIXED VEGETABLES SUNCUP VEGETABLE JUICE BLEND PINEAPPLE CHUNKS VARIETY MILK	27 SOFT SHELL TACO W/ SALSA OR TURKEY HAM & CHEESE ON WW BUN BLACK BEAN & CORN FIESTA BABY CARROTS W/ RANCH DRESSING FRESH FRUIT OF THE DAY OR 100% ORANGE TANG JUICE VARIETY MILK	28 ROTINI WITH MEATSAUCE WG DINNER ROLL OR TURKEY HAM & CHEESE ON WW BUN CHOPPED ROMAINE SALAD SUNCUP VEGETABLE JUICE BLEND CHILLED PEARS VARIETY MILK	29 STUFFED WG BREAD STIX W/ DIPPING SAUCE OR TURKEY HAM & CHEESE ON WW BUN SEASONED CORN FRESH FRUIT OF THE DAY OR 100% GRAPE JUICE VARIETY MILK

One student lunch is provided to all students at no cost.

Fruit or Veggie
Choose at least one for a complete meal.