



SEPTEMBER



Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 NO SCHOOL TODAY	5 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	6 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	7 EGG AND CHEESE PITA OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	8 WG CINNAMON ROLL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK
11 MINI CINNAMON WAFFLES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	12 WG BANANA BREAD OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	13 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	14 PILLSBURY APPLE FRUDEL OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	15 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK
18 MINI WG FRENCH TOAST W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	19 WG CHOCOLATE CHIP BENEFIT BAR OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	20 BREAKFAST PIZZA W/ TURKEY SAUSAGE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	21 EGG AND CHEESE PITA OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	22 WG CINNAMON BUN MINIS OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK
25 MINI MAPLE PANCAKES W/ SYRUP OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	26 WG BLUEBERRY CRUMB CAKE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	27 WG BREAKFAST SCRAMBLE SQUARE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	28 WG DONUT RING OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK	29 WG BAGEL W/ CREAM CHEESE OR LARGE BOWL ASSORTED CEREAL FRESH FRUIT OF THE DAY 100% FRUIT JUICE VARIETY MILK

One student breakfast is provided to all students at no cost.

A COMPLETE BREAKFAST MUST INCLUDE A SERVING OF FRUIT OR JUICE